
Aerobic

<i>Organizer:</i>	KTV FAF & LFHK
<i>Leader:</i>	Mgr. Jana Bezoušková Paulů
<i>Venue:</i>	KTV Záměstí 683, gym on the ground floor
<i>Time:</i>	11:30h
<i>Registration:</i>	11:30h on the spot before exercise starts
<i>Applications:</i>	No need
<i>Schedule:</i>	Do something for your body - the second part of the exercise marathon. Work out with music and instructor.
<i>Notes:</i>	Take with you indoor sport shoes to the hall