Indoor Climbing

Organizer:	KTV PřF UK
Leader:	Mgr. Michal Mrtka
Venue:	Climbing wall Třináctka, Jeremiášova st. 2581/2, Prague 5–Stodůlky https://stenastodulky.cz/
Time:	1st group 9:30 - 11:30: the first part – beginners 2nd group 11:30 - 14:00h´: the second part – advanced
Capacity:	1st part – 16 participants 2nd part – 20 participants
Applications:	Via e-mail: mrtka@prf.cuni.cz
Schedule:	Climbing on artificial wall under supervision.
Participants:	Students and employees of our univeristy.
Notes:	Climbing equipment could be borrowed at the venue (60CZK climbing shoes, 40CZK harness). We recommend comfy and loose sports clothing.
About:	Always wanted to try sport climbing but you belong to beginners or have minimal experience with climbing wall? Then first part during Rector's sports day 2025 is exactly for you! You will learn with basis and methods of climbing moves, you will try climbing on the rope and bouldering as well, all of that under skilled supervision of pro instructors.
	Do you belong to the advanced climbers and you would like to enjoy climbing on the wall, perhaps some competition? Then second part is right for you. Climbing wall Třináctka offers both ways, climbing on the rope and bouldering on all levels. For these with competition spirit there will be prepared two competitive ways. For the most skilled participants will be even some awards afterwards.

