
Aquafitness, 2025

<i>Organizer:</i>	KTV PřF UK
<i>Leader:</i>	Mgr. Klára Kovaříková, Ph.D.
<i>Venue:</i>	SCUK Hostivař - swimming pool
<i>Time:</i>	12:00 – 12:45h (cardio workout) 12:45 – 13:00h free swimming
<i>Capacity:</i>	No limit (no registration needed).
<i>Schedule:</i>	Aerobic workout and exercises with music in the swimming pool in a fun way.
<i>Participants:</i>	Students and employees of Charles University.
<i>Notes:</i>	Only for people who can swim.

