## **Aerobics**

Host:	ÚTV LF Plzeň
Organiser:	Mgr. Eva Fajfrlíková
Venue:	Large gym in Bolevecká – Bolevecká 30, Plzeň 301 00
Time:	11:00 – 12:00 hod.
Capacity:	60 persons
Applications:	No applications
Registration:	On the spot before the exercise.
Programs:	Total body training.
Note:	Necessary shoes for the hall and comfortable clothes.