
Jóga

<i>Host:</i>	ÚTV LF Plzeň
<i>Organiser:</i>	Mgr. Libuše Mertlová
<i>Venue:</i>	A small gym in Bolevecká – Bolevecká 30, Plzeň 301 00
<i>Time:</i>	12:30 – 13:30 hod.
<i>Capacity:</i>	25 persons
<i>Applications:</i>	No applications.
<i>Registration:</i>	On the spot before the exercise.
<i>Program:</i>	Come and practice positions that will restore the body's lost peace and help to get to know yourself better.
<i>Note:</i>	Comfortable clothes needed.